

Armatus® Online Training Course Descriptions

FOUNDATIONAL COURSES	
<i>Meet Sam</i> * ^	<i>It Happened to Me</i> * ^
<p>Sam molests children. Hear him tell how he gets away with it.</p> <p>Participants learn:</p> <ul style="list-style-type: none"> • The three types of offenders • The three things offenders need in order to offend • The types of boundaries offenders often violate 	<p>Anger. Failing grades. Depression. These are just some of the effects of sexual abuse.</p> <p>Participants learn:</p> <ul style="list-style-type: none"> • The long-term effects of abuse • Which children are most vulnerable to abuse • Why children don't report abuse • What to do if a child discloses abuse
<i>Duty to Report: Mandated Reporter</i> * ^	<i>Abuse Risk Management for Volunteers</i> * ^
<p>Adults have a moral responsibility—and in many cases a legal responsibility—to report suspected child abuse or neglect.</p> <p>Participants learn:</p> <ul style="list-style-type: none"> • Why reporting is critical • What their legal obligation is to report • What types of conduct must be reported • How to report • How to respond if a child discloses abuse or neglect 	<p>Volunteers give their precious time to their organization to serve others. They need to know how to protect those they serve from abuse.</p> <p>Participants learn:</p> <ul style="list-style-type: none"> • The facts about sexual abuse • Steps they can take to keep kids safe • How to protect themselves from false allegations of abuse
<i>Preventing Sexual Activity Between Young Children</i> *	<i>Preventing Sexual Activity Between Adolescents</i>
<p>Statistics show that incidents of sexual acting out between children have increased 300% in recent years.</p> <p>Participants learn:</p> <ul style="list-style-type: none"> • How – and where – sexual activity between children typically occurs • Steps to prevent sexual activity between children • How to respond if sexual activity between children occurs 	<p>When adolescents bully or act out sexually with one another, these behaviors not only violate policy, they can become abusive.</p> <p>Participants learn:</p> <ul style="list-style-type: none"> • What peer pressure and bullying can do to influence sexual behavior in adolescents • Where sexual behavior between adolescents is likely to occur • Steps they can take to prevent sexual activity between adolescents • How to respond if sexual activity between adolescents occurs

* Denotes course available in Spanish

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<i>Social Media</i> *	<i>Preventing Bullying</i> *
<p>Social media increases opportunities for sexual abusers to communicate with their intended victims.</p> <p>Participants learn:</p> <ul style="list-style-type: none"> • The different types of abuse risks that organizations face • How to educate parents and youths on healthy social media use • How to protect themselves from false allegations of abuse • How to respond to warning signs and incidents of abuse 	<p>Bullying, in some way, is a part of everybody's childhood memories. However, the severity of recent bullying incidents has shown that bullying can no longer be a "normal" part of growing up.</p> <p>Participants learn:</p> <ul style="list-style-type: none"> • What bullying is • How bullying happens • The impact of bullying • What they can do to stop bullying • What to do if they are a supervisor
<i>Abuse Prevention Refresher</i> * ^	
<p>Once employees and volunteers know the basics about preventing abuse in their organization, it's time for real- life application.</p> <p>Participants learn:</p> <ul style="list-style-type: none"> • The importance of acting on warning signs, and how to do so • How to keep themselves and co-workers safe from false allegations <p>How to apply their knowledge to real-life scenarios</p>	

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INDUSTRY-SPECIFIC COURSES	
<i>Keeping Your School Safe</i> *	<i>Keeping Your Foster Care Program Safe</i>
<p>Parents send their children to school to have fun, meet challenges, make friends, practice skills, and learn. They also expect them to be safe.</p> <p>Participants learn:</p> <ul style="list-style-type: none"> • When, where, and by whom child abuse is most likely to occur at school • Specific steps to take to keep children safe at school • How to prevent false allegations of abuse 	<p>Approximately half of the children in foster care have been sexually abused and almost a third are abused again while in care.</p> <p>Participants learn:</p> <ul style="list-style-type: none"> • Techniques to establish effective relationships with foster parents and children • What to watch for when making home visits • Six tested methods to keep foster children safe
<i>Keeping Your Foster Home Safe</i>	<i>Keeping Your Church Safe</i> * ^
<p>Foster parents open their hearts and homes to provide for those in need. But in some cases, foster parents may also be vulnerable to false allegations of abuse.</p> <p>Participants learn:</p> <ul style="list-style-type: none"> • Unique risks that exist in foster care homes • How to protect children in care from abuse, including abuse between children • How to protect foster parents from false allegations of abuse 	<p>God has entrusted church staff with something precious to Him – His children.</p> <p>Participants learn:</p> <ul style="list-style-type: none"> • Five specific actions to keep children safe • The importance of keeping a watchful eye • What to do in the case of suspicious behaviors • How to respond to inappropriate behavior
<i>Keeping Your Camp Safe</i> * ^	<i>A Day at Day Camp</i> * ^
<p>Camp can be a wonderful experience for kids – but not if they are abused by a counselor or a peer.</p> <p>Participants learn:</p> <ul style="list-style-type: none"> • Abuse risks at a residential camp • Six locations where abuse is most likely to happen at a residential camp • How all employees and volunteers can make a difference 	<p>This course spotlights various activities and associated risks in a typical day at camp.</p> <p>Participants learn:</p> <ul style="list-style-type: none"> • How to keep day campers safe from sexual abuse • How to protect themselves from false allegations of abuse • How to identify and manage high-risk situations at day camp • What to do if they see something suspicious or inappropriate

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INDUSTRY-SPECIFIC COURSES	
<i>Keeping Your YMCA Safe</i> *	<i>Keeping Your Boys & Girls Club Safe</i>
<p>Ys build strong kids, strong families, and strong communities. But to do so, employees must have the skills and knowledge to keep those in their care safe from offenders.</p> <p>Participants learn:</p> <ul style="list-style-type: none"> • Six potentially dangerous situations at Ys • When, where and by whom child abuse is most likely to occur • Four steps to take to keep kids safe 	<p>Every year, nearly five million children and adolescents come to Boys & Girls Clubs after school and in the summer. They expect to have fun and be safe.</p> <p>Participants learn:</p> <ul style="list-style-type: none"> • When, where, and by whom child abuse is most likely to occur at a Club • Four steps to keep children safe • How to protect themselves from false allegations of abuse
<i>Monitoring Youth Safety in Foster Care Environments</i>	<i>Catholic Review Board Course</i>
<p>As a foster care worker in your organization, you share responsibility for protecting the youth your organization serves. Part of that responsibility involves conducting home visits, talking with youth about their lives, and asking them important questions to ensure their safety.</p> <p>Participants learn:</p> <ul style="list-style-type: none"> • Importance of regularly asking questions that assess abuse risk • Types of questions to ask that assess for adult-to-youth abuse and youth-to-youth abuse • Non-verbal cues to observe • Best practices for a home visit 	<p>The Review Board Course supports Religious Review Board Members assisting the Religious Institute in its efforts to uphold the highest standards in abuse prevention.</p> <p>Participants learn:</p> <ul style="list-style-type: none"> • The history of the Religious Accreditation Program • Overall role of Review Boards • The Review Board's role in reviewing allegations and supervision cases

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INDUSTRY-SPECIFIC COURSES	
<i>Athlete Protection</i>	<i>Athlete Protection: Swim Edition</i>
<p>This course teaches coaches and other adults who work in youth sports how to keep athletes safe.</p> <p>Participants learn:</p> <ul style="list-style-type: none"> • Types of offenders and how they operate • Scope and effects of abuse in sports and how to maintain a healthy coach-athlete relationship • High-risk situations and how to manage them • How to report abuse and red-flag behaviors • How to protect against false allegations of abuse 	<p>This course teaches coaches and other adults who work with youths in swim clubs and organizations how to keep athletes safe.</p> <p>Participants learn:</p> <ul style="list-style-type: none"> • Types of offenders and how they operate • Scope and effects of abuse in sports and how to maintain a healthy coach-athlete relationship • High-risk situations and how to manage them • How to report abuse and red-flag behaviors • How to protect against false allegations of abuse
<i>Preventing Elder Abuse and Neglect (USA version)</i>	<i>Preventing Abuse against Adults with Disabilities (USA version)</i>
<p>It's hard to believe that anyone would hurt the elderly. Fortunately, federal and state laws and regulations help protect vulnerable adults from abuse.</p> <p>Participants learn:</p> <ul style="list-style-type: none"> • Facts about abuse and neglect • How to recognize risk factors, warning signs, and red-flag behaviors • Steps to take to keep residents safe • Steps to protect care givers from false allegations • Steps administrators can take to prevent abuse and neglect 	<p>Providing care to people with disabilities is rewarding and challenging work. However, some caregivers psychologically abuse, physically abuse, steal from those they care for, and some even sexually abuse people in their care.</p> <p>Participants learn:</p> <ul style="list-style-type: none"> • Facts about abuse of people with disabilities • Characteristics of potential victims • Awareness of potential abusers and high-risk environments • Steps to keep clients safe • How to prevent false allegations

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INDUSTRY-SPECIFIC COURSES	
<i>Preventing Elder Abuse and Neglect (Canada version)</i> ^	<i>Preventing Abuse against Adults with Disabilities (Canada version)</i>
<p>It's hard to believe that anyone would hurt the elderly. Fortunately, federal, provincial, and territorial laws and regulations help protect vulnerable adults from abuse.</p> <p>Participants learn:</p> <ul style="list-style-type: none"> • Facts about abuse and neglect • How to recognize risk factors, warning signs, and red-flag behaviors • Steps to take to keep residents safe • Steps to protect care givers from false allegations. • Steps administrators can take to prevent abuse and neglect 	<p>Providing care to people with disabilities is rewarding and challenging work. However, some caregivers psychologically abuse, physically abuse, steal from those they care for, and some even sexually abuse people in their care.</p> <p>Participants learn:</p> <ul style="list-style-type: none"> • Facts about abuse of people with disabilities • Characteristics of potential victims • Awareness of potential abusers and high-risk environments • Steps to keep clients safe • How to prevent false allegations
<i>Preventing Abuse and Exploitation in Pastoral Ministry</i> *	<div style="text-align: center;">NEW</div> <i>Recognizing Abuse and Exploitation in Elder-Serving Programs</i> *
<p>When a pastoral relationship becomes sexualized or exploitative, it is harmful to the individuals involved, their families, and to the people in the church.</p> <p>Participants learn:</p> <ul style="list-style-type: none"> • Effects of sexual abuse and exploitation • Factors that contribute to abuse and exploitation • Types of offenders • Red flags in abuse and exploitation • How to prevent and respond to abuse and exploitation 	<p>As an employee or volunteer with an elder-serving program, you provide a valuable service to those in your care.</p> <p>Participants learn:</p> <ul style="list-style-type: none"> • Types of elder abuse and exploitation • How to recognize the risk factors and warning signs of abuse and exploitation • How to establish good relationships and provide appropriate care to the elderly • How to protect oneself from false allegations of abuse and exploitation • How to report suspected abuse, neglect, and exploitation

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 Mandated Reporting for California Child Care Personnel	 Getting Your Board on Board
<p>This course provides an overview of the significant definitions, requirements, and protections of the California Child Abuse & Neglect Reporting Act (CANRA). Approved by the State of California Department of Social Services, this course meets the training requirements added to Health and Safety Code Section 1596.8662 by Assembly Bill 1207.</p> <p>Participants learn:</p> <ul style="list-style-type: none"> • What the law requires of you as a mandated reporter • How to spot indicators of possible child abuse or neglect • How to talk to children about suspected abuse • How to make a report • What happens after a report is filed • Special issues related to child abuse reporting for child care providers 	<p>As a member of the Board of Directors, the ultimate responsibility for the protection of children in your organization rests with you.</p> <p>You establish policy, monitor compliance with policy, allocate resources for safety, and by your very presence, vouch that your organization is a safe place for children.</p> <p>Participants learn:</p> <ul style="list-style-type: none"> • Effects of abuse • Types of offenders • Programs at high risk • Five steps board members can take to increase safety

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INTERPERSONAL /PERSONAL SAFETY COURSES	
<i>Behavior Management</i>	<i>Bloodborne Pathogens</i>
<p>Teachers, counselors, and caregivers face a daily challenge of influencing and responding to the behavior of the youths in their care. By using basic techniques to teach appropriate behaviors and eliminate negative behaviors, adults can create a positive, productive environment in the organization.</p> <p>Participants learn:</p> <ul style="list-style-type: none"> • Behavior management basics • What to do when nothing else works • How to determine if a youth should be removed from the program • Tips for self-management 	<p>Bloodborne pathogens cause diseases that are difficult to treat and cannot be cured. That's why it is so important to know how to reduce the risk of contracting a bloodborne disease.</p> <p>Participants learn:</p> <ul style="list-style-type: none"> • What bloodborne pathogens are • Standards businesses must follow • How bloodborne pathogens might enter one's body • Common exposures that could occur at an organization • The three most common diseases caused by bloodborne pathogens • How to protect themselves from bloodborne pathogens • What to do if they are exposed to bloodborne pathogens
<i>Preventing Sexual Harassment: Employee Edition</i> *	<i>Supervising for a Positive Work Environment</i> *
<p>All employees want to work in an environment free of sexual harassment.</p> <p>Participants learn:</p> <ul style="list-style-type: none"> • How to recognize different types of harassment • How to determine if a situation is or is not sexual harassment • How to prevent and respond to sexual harassment 	<p>Supervisors play an important role in complying with employment laws and encouraging a positive workplace environment.</p> <p>Participants learn:</p> <ul style="list-style-type: none"> • What constitutes workplace discrimination, harassment, and retaliation • What the law requires of supervisors to prevent, stop, and respond to discrimination, harassment, and retaliation • What supervisors should do if they are accused of discrimination, harassment, or retaliation

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CUSTOM COURSES	
<i>Your Policies</i>	<i>Core and Advanced Courses</i>
<p>Policies allow your organization to define what's acceptable – and what isn't. To complete this course, users read the organization's policies and confirm online that they understand and agree to comply with these policies.</p>	<p>Many of Praesidium's core and advanced courses can be customized to the needs of your organization. This will allow you to include your company-specific policies, scenarios, case studies, and examples.</p> <p>Inquire with your account manager for availability and pricing.</p>

PRAESIDIUM SAFETY EQUATION® COURSES
<i>The Praesidium Safety Equation Series</i>
<p>The Praesidium Safety Equation® is the foundation for all of Praesidium's abuse-prevention work. This set of nine courses provides individual focus on each operation of the Safety Equation:</p> <ul style="list-style-type: none"> ✓ Policies ✓ Training ✓ Internal Feedback System ✓ Responding ✓ Screening and Selection ✓ Monitoring and Supervision ✓ Consumer Participation ✓ Administrative Practices <p>Participants learn:</p> <ul style="list-style-type: none"> • How and why Praesidium developed the Safety Equation • How each of the operations help organizations decrease the risk of abuse by employees, volunteers, and program participants • Strategies and best practices for implementation of the Safety Equation <p>Inquire with your account manager for availability and pricing.</p>